FT-325 FUNCTIONAL TRAINER

FUNCTIONAL TRAINING SYSTEM (FTS)

BIG PERFORMANCE, COMPACT PACKAGE.

Cybex FT-325 is a high performance, commercial-grade functional trainer that delivers an expansive range of exercises in a single, compact, low-profile unit. Its size makes it the right fit for facilities where space is an issue, but getting a great workout is essential.

SOLID. STURDY. RUGGED.

The same words that describe the fittest athletes also apply to our powerful functional trainer. One look at the Cybex FT-325 tells you that it's built to handle the punishment dished out by a steady stream of users in a wide range of facilities such as compact corporate wellness rooms, hotel exercise rooms, firehouses, police stations, and school fitness centers.

REAL SIMPLE. REAL RESULTS.

The Cybex FT-325 makes getting a complete, full-body workout simple. Illustrated instructional placards guide users through the basic exercises needed to develop strength, improve coordination and learn specific movement patterns that enhance functional performance. No complex instructions are necessary.

DESIGNED AND BUILT BY CYBEX IN THE USA

The FT-325 is a highly engineered, thoroughly tested workhorse — a direct result of research into biomechanics and human performance conducted at the Cybex Research Institute. It's designed to work with the natural movement of the body and produce outstanding results for everyone from first-time users to serious athletes. The FT-325 delivers exactly what you expect from Cybex, the leader in high performance strength training and cardio equipment.

THE POWER OF ONE

The FT-325's dual weight stacks provide fully independent motion and asymmetrical loads for single users. The stacks can also serve as individual stations so two people can work out at once — a real plus in busy facilities.

MAKE IT YOURS

You can match the Cybex FT-325 to the décor and color palette of your facility. Choose from a standard, duo-tone or a virtually unlimited selection of customized colors to to match your branding. Make a dramatic branding statement with this dynamic functional trainer.

SPECIFICATIONS

Product No.	18000
Dimensions (L × W × H)	34" × 59" × 83.5" (86 × 150 × 212 cm)
2 Weight Stack	170 lbs (77 kg)
Machine Weight	690 lbs (313 kg)

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